

Central Missouri Area Agency on Aging  
Board of Directors Meeting  
March 8, 2010

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**Board Members Present:**

James Kitterman	Camden	JoAnna Hughes	Cooper
Kenneth Helton	Laclede	James Canter	Moniteau
Lorraine Dowler	Miller	Dorothy Helmig	Osage
Bob Raines	Morgan	Elinor Snelson	Crawford
Paul Beydler	Pulaski	James Boulware	Dent
Mack Brushwood	Boone	Robert Niebruegge	Gasconade
Jim Ringland	Callaway	Melanie Yoakum	Maries
Pat Donehue	Cole	Jim Weaver	Washington

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**Staff Present:**

Jean Leonatti                      Sharon McCleery

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President James Canter called the meeting to order at 10:30 a.m. Roll call was taken and a quorum was present. Fred West and Debra Miller had given notification they would be unable to attend.

President Canter asked for approval of the agenda with a change, adding Checker Cab to New Business as proposed by Jean Leonatti. Jim Weaver moved to approve the agenda as amended. Mack Brushwood seconded the motion; motion passed unanimously.

Jim Ringland moved to approve the December 8, 2009 minutes as printed. Mack Brushwood seconded the motion; motion passed unanimously.

**Unfinished Business:**

There was no Unfinished Business

**New Business:**

1. FY11 Area Plan Budget Recommendations

With Federal or State funding in question for the Fiscal Year FY11, but having to submit the Area Plan to the state by April 1 to begin the contract process, staff recommends the Board approve the proposed budget temporarily reducing our Working Capital for FY11 to \$457,995 representing a 3.5 weeks of cash flow reserve for CMAAA as opposed to the normal \$750,000 representing 6 weeks of cash flow reserve. This recommendation is made after significant changes were made from the FY10 current budget to the FY2011 proposed budget:

- Projected NO raises for any staff for FY11, eliminating both merit and longevity raises for one fiscal year.
- Eliminated the current, one-time only \$100,000 ARRA funds from the meals program. Should the state legislature restore those funds next fiscal year, the budget will be adjusted accordingly.
- Eliminated grants from MORx Outreach and MIPAA which we do not expect to receive next year.
- Maintained all other service levels.
- No increase for health insurance

Jim Ringland moved to accept the tentative Area Plan Budget as proposed by the staff. Mack Brushwood seconded the motion; motion passed unanimously. Staff will closely monitor the situation and re-evaluate the agency's financial picture in July before recommending any further adjustments.

## 2. FY11 Vendor Contract Process

Because the agency has encountered no problems with our current Respite and Transportation Vendors, staff recommends extending existing contracts through FY11 and opening the bid process for any new vendors or for vendors seeking a rate increase. Jim Boulware moved to accept the recommendation to extend existing contracts and to proceed with the bid process, Jim Ringland seconded the motion. Motion passed unanimously.

## 3. Osage Advisory Council Nominee

The local council of the Osage County Senior Center has recommended Ann Tillman fill the vacancy for the CMAAA Advisory Council member for Osage County. Jim Weaver moved to accept the recommendation. Dorothy Helmig seconded the motion; motion passed unanimously.

## 4. Checker Cab

After two months of satisfactory service and with clients available, staff recommends allowing Checker Cab of Jefferson City to expand its service area to include Camden, Miller, Osage and Moniteau Counties. Robert Niebruegge moved to accept staff's recommendation. Jim Ringland seconded the motion; motion passed immediately.

## 5. CEO's Report

- Annual elections for the Board of Directors, Advisory Council and Silver-Haired Legislature in the counties of Gasconade, Howard, Osage, Callaway, Boone and Miller counties will be held in May, 2010.
- Fellow Audrain County Board Member Fred West is seriously ill.
- Elinor Snelson is celebrating a birthday this day.
- Missouri Alliance on Area Agencies on Aging will be having their Summit on Aging Conference on October 18-20, 2010 in Branson, Missouri.
- Governor Nixon has announced that an additional \$400-500 million will be cut from this year's state budget and a comparable amount will probably be cut for FY11. The restoration of the \$1.7 million dollars to restore the cut for home-delivered meals has a bleak outlook. Due to NAPIS statistics, the MA4 can now prove how much less home delivered meals would cost in comparison to nursing home expense. Whether the legislators pick up on this remains to be seen.
- CMAAA will participate in a depression screening project called Healthy IDEAS. Our Care Coordinators will be responsible for the program which will be aimed toward the homebound elderly. Care Coordinators will be trained to recognize serious depression, do a small intervention, learn to spot the seriousness of a situation and, if necessary, refer the client to professional help. Implementation will be scheduled for this summer in the counties of: Callaway, Cole, Camden, Phelps, Crawford and Dent.

- Jean will be introducing the “Steady As You Go” Falls Prevention program at the upcoming, combined Advisory Council and Senior Center Administrator’s Meeting on Friday, March 12. The local councils and center administrators can then decide if they would like the program presented at their centers. The program is produced and promoted by volunteers coordinating a physical therapist, a pharmacist, an exercise program and the participants.
- Audit contracts have still not been awarded for FY09. There is some apprehension within the agency that the audit will be held during the time the books on FY10 have to be closed.
- There were no complaints voiced by any employee upon learning the new requirements for health insurance for 2010.
- A paper, demonstrating how one person can excerpt information, misinterpret the details and circulate misleading information, was distributed. Because this involves the distribution of money for all departments of CMAAA, our County Services Director will see that all local councils receive CMAAA’s Annual Report with a graphic pie chart, lending itself to better understanding of budgeted funds.
- A paper which MA4 will distribute to both State and Silver-haired Legislators was distributed. The paper puts in understandable sequence the loss of \$1,764,868 for the home-delivered meal program. Hopefully, this will help legislators understand why the \$1.7 million needs to be reinstated.

President Canter, in light of the present economy, called for any ideas on fundraising and money saving ideas to be shared between Board Members. James Kitterman remarked on the great garden Camdenton volunteers created and provided vegetables for the center. Robert Niebruegge shared information on their corned beef and cabbage dinner with all meat donated in Gasconade County. They also held an introductory breakfast for professional people and raised awareness in the community for their center. Pat Donehue credited Brenda Doyle for publicity in the community through TV and newspapers. James Canter has noticed lunch attendance is up when music entertainment is present. He felt that if you let the community know the need and the need may be donated. And their dance nights are publicized by the local newspaper. Cooper County’s Mayor’s Prayer Breakfast is the biggest fundraiser of the year for them. Lorraine Dowler said their Senior Center encourages memorials. California co-ops with the city: the city forgives \$5,000 in utilities and the center provides a meeting place for civic groups. Jim Ringland pointed out that the printing of brochures for the Callaway Senior Center will be donated. Some newspapers will print a Center’s menu and/or activities at no charge. Jim Weaver shared that in Washington County, Friday, Saturday and Sunday dance nights generate a lot of money.

President Canter adjourned the meeting at 11:30p.