

Central Missouri Area Agency on Aging  
Board of Directors Meeting  
December 8, 2009

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**Board Members Present:**

Lorraine Dowler	Miller	Joanna Hughes	Cooper
Paul Beydler	Pulaski	James Canter	Moniteau
Fred West	Audrain	James Boulware	Dent
Mack Brushwood	Boone	Robert Niebruegge	Gasconade
Jim Ringland	Callaway	Melanie Yoakum	Maries
Pat Donehue	Cole	Maxine Palmer	Phelps
		Jim Weaver	Washington

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**Staff Present:**

Jean Leonatti    Leilani LaCasse    Nancy Welty    Kate King    Sharon McCleery

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President James Canter called the meeting to order at 10:30 a.m. Roll call was taken and a quorum was present. Jim Kitterman, Kenneth Helton, Bob Raines, Debra Miller, Dorothy Helmig and Elinor Snelson had given notification they would be unable to attend.

Jim Weaver moved to approve the agenda as printed. Mack Brushwood seconded the motion; motion passed.

Lorraine Dowler moved to approve the October 13, 2009 minutes as printed. Paul Beydler seconded the motion; motion passed unanimously.

**Unfinished Business**

**1. Employee Insurance**

Jean Leonatti informed the board of the 40% increase in premiums for the Employee Insurance Program with our present carrier. After submitting applications from all eligible employees to a different carrier and being refused a quote because we represented a high risk, staff recommends remaining with our present carrier at the higher premium, but with choices. An employee can opt to have the agency pay the full premium and accept a higher deductible and higher out-of-pocket maximum; or an employee can opt to share the cost of a higher premium and elect a lower deductible and lower out-of-pocket maximum.

Staff also recommends the board look at raising the hours-worked requirement from 20 hours to 25 or 30 hours as the starting point for offering insurance to an employee. Present employees working less than the required hours would be “grandfathered” and maintain coverage. Jim Ringland moved to accept staff’s recommendation effective January 1, 2010 to raise the eligibility to 30 hours and grandfather in employees now working 20-29 hours and receiving insurance benefits. Maxine Palmer seconded the motion; motion passed unanimously.

Jim Weaver moved to accept CMAAA staff’s recommendation to continue with the agency’s present carrier with the higher premium. Lorraine Dowler seconded the motion. Motion passed unanimously.

## **New Business**

### 1. Nutrition Overall Monitoring Report – 2009

The Senior Center and Nutrition Program Overall Monitoring Report – FY09 was distributed. The report consists of two narrative pages containing *History*, *Current Program* and *Findings* and seven statistical pages, both demographic and expenditures detailed by each Senior Center. *Findings* revealed the need for a better monitoring system of the Senior Centers and the need to implement a more formal process of gaining customer satisfaction information from our clients, especially homebound clients.

### 2. Checker Cab Vendor Application

The agency has received an application from Checker Cab of Jefferson City to become a transportation vendor with CMAAA servicing Cole County and the Jefferson City Area . Staff is recommending the Board award a contract to them beginning January 1, 2010. Robert Niebruegge moved to accept staff's recommendation; Pat Donehue seconded the motion. Motion passed unanimously.

### 3. Gasconade Advisory Council Nominee

The local council of the Owensville Senior Center has recommended Barbara Cole fill the vacancy for the CMAAA Advisory Council member for Gasconade County. Robert Niebruegge moved to accept the recommendation. Lorraine Dowler seconded the motion; motion passed unanimously.

### 4. Conference Report

Board members were asked for their opinions and experiences of the Show-Me Summit on Aging & Health Conference held in October in Columbia. Jim Canter put the information from the conservation and energy seminar to good use at home. Mack Brushwood attended six seminars and was impressed with all and learned about reverse mortgages, scam artists, independent living and reading the fine print. Pat Donehue complimented the conference on the very well organized booths and exhibitions. Jim Weaver attended the seminar on Alzheimer's and also learned that not only is laughter the best medicine but it is fun. Several members attended the seminar about the different Power of Attorneys and put that information to good use after the conference. The seminar on the exploitation of the elderly raised Fred West's awareness of this problem. Joanne Hughes complemented the overall conference. The seminar on ticks impressed Maxine Palmer.

### 5. CEO Report

- The Agency is busy again this year with Medicare Part D.
- The State is hopeful that in January the next round of cuts will not happen as revenue has jumped from -7 to -4
- Staff will be working through the end of the month to update Senior Center budgets using the unbudgeted money that was allocated in October, and also, budgeting the increased insurance cost.
- The State audit will probably not happen until February, 2010.
- Most Senior Centers will be having brunches the day before Christmas and New Year's Day, closing the center that afternoon, and charging those hours to vacation leave. Robert Niebruegge moved to allow employees of CMAAA to have the afternoons before Christmas and New Year's Day off and charged as a paid holiday. Pat Donehue seconded the motion; motion passed.

### **Presentation of Falls Prevention**

The PowerPoint Presentation, **Steady As You Go**, in conjunction with the Falls Prevention initiative was shown to the Board. The presentation, along with two brochures, Fall Prevention brochure and Home Fall Prevention Safety Checklist brochure will be used by all the Missouri Area Agencies on Aging. CMAAA will continue the Falls Prevention initiative at the area Senior Centers.

### **Adjournment**

President Canter thanked the staff of CMAAA for the holiday cookies given to the Board and adjourned the meeting at 11:45a.