

Central Missouri Area Agency on Aging
Board of Directors Meeting
October 13, 2009

Board Members Present:

Jim Kitterman	Camden	Pat Donehue	Cole
Kenneth Helton	Laclede	Joanna Hughes	Cooper
Lorraine Dowler	Miller	Debra Miller	Howard
Bob Raines	Morgan	James Canter	Moniteau
Paul Beydler	Pulaski	Dorothy Helmig	Osage
Fred West	Audrain	Elinor Snelson	Crawford
Mack Brushwood	Boone	Melanie Yoakum	Maries
Jim Ringland	Callaway	Maxine Palmer	Phelps

Staff Present:

Jean Leonatti	Sharon McCleery	Nancy Welty
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President James Canter called the meeting to order at 10:30 a.m. Roll call was taken and a quorum was present. Jim Boulware and Robert Niebruegge had given notification they would be unable to attend.

President Canter posed a change in the agenda to hear a report from the Board Members who are Silver Haired Legislators and have just attended their yearly meeting. Paul Beydler moved to approve the agenda as amended. Lorraine Dowler seconded the motion; motion passed unanimously.

Elinor Snelson moved to approve the August 10, 2009 minutes as printed. Melanie Yoakum seconded the motion; motion passed unanimously.

Unfinished Business

1. Policies and Procedures

Jean Leonatti reminded the Board of the new addition to the Board Orientation Manual, the Policies and Procedures Manual, revised June 25, 2009 and their responsibility to examine the text. President Canter advised the board that, although most policies and procedures pertain to the operation of the agency, the Board is involved in some procedures; and the board should be prepared to know their responsibilities and the agency's activities. There were no questions from Board members.

New Business

1. Budget Recommendations FY10

An approximately \$500,800 is available in unbudgeted funds due to:

- reimbursement for more Medicaid meals than was originally planned
- receipt of \$40,000 in FY09 ARRA funding and planned receipt of \$167,000 in FY10 ARRA funding
- the release of the unbudgeted \$215,000 (in anticipation of cutbacks and with-holds from our current budget plan)

The Budget Recommendation was distributed for the Board's review and discussion. Two issues had to be considered to bring the expenditure recommendation before the Board: 1) only one-tenth of the money is ongoing; therefore, money should be used on **one-time only** expenditures and 2) there are restrictions on how certain monies can be used. The Budget Recommendations were reviewed and discussed in detail.

Staff also requested the Board's decision on the distribution method of the \$100,000 restricted for the Senior Centers use, either on a "per meal" basis or on a "special need basis". Bob Raines moved to distribute the funds to the Senior Centers on a "per-meal" basis. Lorraine Dowler seconded the motion; motion passed unanimously.

Jim Kitterman moved to approve the FY2010 Budget Recommendation as presented. Jim Ringland seconded the motion; motion passed unanimously.

2. Year-end Report

The CMAAA Service Delivery & Expenditure Report, July 1, 2008 – June 30, 2009 was distributed. The booklet gives statistics on whom and what we served throughout the last fiscal year. The statistics are simplified by pie charts and then is in detail by spreadsheet for county data.

3. FY09 Overall Monitoring Reports

Overall Monitoring Reports for the Care Coordination Program, the Transportation Program and the Respite Program were distributed. The overall monitoring reports for each of our major programs are provided to the Board to stay informed and, in turn, show good governance in fulfilling its responsibility to know what is happening and oversee these programs.

The Care Coordination Program report explains the history of the program, what has occurred throughout FY09 and what monitoring the program has revealed, i.e., the need to increase the consumer's awareness to the full range of services that are available from the local Care Coordinator, a need to expand the hours of the Care Coordinators in the rural counties, and the need for improvement in the process of reporting the NAPIS ADL/IADL information. The monitoring of each Care Coordinator revealed a 99% favorable rating in client satisfaction.

The Respite Program report explains the importance of the program to a Caregiver, how the program works and the monitoring process for the program. The annual vendor monitoring did not produce any big compliance issues. Weaknesses found were accessibility to clients in rural areas and the desire for respite time in the evening and on weekends. The big challenge to the Respite Program is funding.

The Transportation Program report explains the purpose of the program, how the program works, and the monitoring process. There were no major concerns from the vendors' monitoring. Monitoring clients revealed several concerns to be improved, but 94% of the riders surveyed are satisfied with the program.

4. Summit Conference Attendance

The Hotel Rooming List, containing the confirmation number for each hotel reservation for the Summit Conference to be held in Columbia, MO on October 28-30, was distributed. The list also includes the names of people attending but not staying at the hotel. Any changes in plans should be reported to Jean immediately.

5. Chief Executive Officer's Report

- At the last MA4 meeting, the state revealed that revenue continues to decline and that the upswing in the Federal Economy will take several years to filter down to the state level.
- Medicare Part D open enrollment starts November 15 and the Agency will probably start seeing clients the middle of October.
- A special federal grant to conduct outreach to low income Medicare beneficiaries to assist them in applying for the Part D Low Income Subsidy, Medicare Savings Plans and Missouri Rx has been received. CMAAA has contracted with Kay Barbee to conduct this outreach.
- The Agency's first Fall Prevention initiative was held at the Cuba Senior Center. A PowerPoint presentation began the program and then participants proceeded to different stations to have medications checked, to have gait and balance checked, etc. Two brochures and the PowerPoint presentation originated by our agency will be used on a statewide basis. Jean plans to continue attending the initiatives and giving the PowerPoint presentation.
- Jean has been appointed by the Governor to the Alzheimer's State Planning Task Force.
- State audit bids are still not out. The Agency has had to file an extension for its tax return.
- Replacement, updated lists for FY10 Board of Directors, Board Committees and the FY10 Advisory Council were distributed. A Public Policy and Aging Report was distributed to Board Members who did not already have the report, and this should also be added to the board manual.
- There will be **no November Board Meeting** to allow attendance at the Summit Conference.
- A comparison of the new menu pattern adopted by a 2006 amendment to the Older Americans Act to the menu set in 1973 was distributed. Although the new menu pattern implements healthier eating by today's standard, some changes may not be acceptable to senior center participants. Jean reviewed the new menu with the Board and assured them the Nutrition Director would start slowly and afford choices.

6. Silver Haired Legislators Report (Mack Brushwood, Pat Donehue, Jim Ringland)

Pat Donehue shared with the Board that the Silver Haired Legislators had their yearly meeting on October 7th, 8th, and 9th at the Capitol Plaza in Jefferson City. The session was opened by Lieutenant Governor Peter Kinder. Individuals within the SHL groups as well as individuals from outside the group, i.e., Family Services on food stamps, County Assessor from Cole County testified on bills. Her particular interest is the Food Stamp Bill, increasing the present \$10.00 an individual living in their home now receives. The additional money along with home delivered meals will help keep seniors in their homes.

Mack Brushwood listed the top five bills the Silver Haired Legislators prioritized;

- restore cuts and increase funding for the AAA
- single point of entry
- raise the asset level for individuals on Missouri Health Care Medicaid to \$2,000 for singles and \$3,000 for married couples.
- decrease the rate of interest on Payday Loans
- funding for senior centers to purchase kitchen equipment.

In January, when the bills come out, Mack Brushwood suggested each Board Member advise the participants at their Senior Centers of the five bills pending in the Missouri Legislature; and at that time ask the participants to send individual letters (not petitions or emails) to their Senator and Representative requesting they support a particular bill. He stressed this is the best method to persuade a legislator.

The meeting adjourned at 12:00p and lunch was served.