

3. Approval of Nominations

The Callaway Senior Center Advisory Council has recommended Jim Ringland represent Callaway County on the CMAAA Board of Directors. Mack Brushwood moved to accept the recommendation. Jim Kitterman seconded the motion; motion passed.

The Vienna Senior Center Site Council has recommended Sylvester Buschmann to serve on the CMAAA Advisory Council for Maries County. Paul Beydler moved to accept the recommendation. Maxine Palmer seconded the motion; motion carried.

4. Silver-Haired Legislature Request

This year the State has cut money to sponsor the Silver Haired Legislature session. CMAAA pays for the agency's fifteen delegates' mileage and regional meetings with a budget of \$2,000. The Silver Haired Legislature Board is requesting, state wide, that \$50 be paid by each SHL representative and senator to help fund this year's session. Because this money was requested after this year's elections, staff is recommending CMAAA pay the required \$750. Two board members who are Silver Haired Legislators, Pat Donehue and Mack Brushwood, explained the importance of the Silver Haired Legislators' participation at the capitol to CMAAA and its senior citizen clients. Jim Weaver moved to pay the \$750 this year and revisit the option next year. Dorothy Helmig seconded the motion; motion passed.

5. Report on CEO's Annual Evaluation

James Canter reported that a Level 5 annual performance rating has been given to the Chief Executive Officer by the Executive Committee. A longevity and merit raise commiserate with that rating was authorized. Jim Weaver moved the Board approve the recommendation of the Executive Committee. Paul Beydler seconded the motion; motion passed. The Board offered their compliments of Jean's commitment to the agency.

6. CEO's Report

- The Show Me Summit on Aging and Health will be held October 28-30 at the Holiday Inn Executive Center in Columbia, MO. A brochure, for information only, and a blue sign-up sheet were distributed. Board members who plan to attend are asked to return the completed blue sign-up sheet to CMAAA and the agency will make the registrations.
- Jean advised the Board of subjects discussed at the National N4A conference:
 - Will the new health care reform cover only acute care and will it include Long Term Care? If so, this would affect the AAAs.
 - Emphasis on Care Coordination/Case Management in the future
 - Need to find alternative Funding Sources for the AAAs
 - *Area Agencies on Aging: Advancing Access for Home and Community Based Services-2008 Area Agencies on Aging Survey - Handout*
- CMAAA FY2010 Fall Prevention Initiative - The Agency has started this program because Fall Prevention has become a national issue tied in with health reform and prevention medicine. Statistics show the major reason for health decline among the elderly starts with falls. Monies from the Health Promotion and Disease Prevention grant will be used for this effort. Components will be public education, exercise programs and special events to encourage the elderly to improve their ability to prevent falls.

- The preliminary year-end budget report was distributed. The report shows a carryover of approximately \$390,000, some of which has already been included in the current year budget. Once the state audit is complete, the final results will be available.
- Article from the St. Louis Post-Dispatch presented by Jim Boulware regarding the home delivered meal situation in St. Louis was distributed.
- Meal service numbers for FY09 were reviewed and discussed. Jim Weaver moved to waive the funding penalties for Tipton and Linn. Maxine Palmer seconded the motion; motion passed.
- In lieu of the September meeting, an orientation meeting will be held September 11th for all FY09 and FY10 new board members. A detailed overview of the Agency will be provided.

Jim Weaver recommended the book, 'Still Alice', written by Lisa Genova. The book deals with Alzheimer's.

THERE IS NO SEPTEMBER BOARD MEETING.